



St. Vincent de Paul Catholic Primary School
P.S.H.E. Curriculum Map

P.S.H.E. Curriculum Map – Autumn Term						
Term	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	Physical Health and Well-being Fun times	Physical Health and Well-being What keeps me healthy?	Drug, Alcohol and Tobacco Education Tobacco is a drug	Identity, Society and Equality Democracy	Physical Health and Well-being In the media	Relationship and Sex Education Healthy relationships
Autumn 2	Keeping Safe and Managing Risk Feeling safe	Mental Health and Emotional Well-being Friendship	Keeping Safe and Managing Risk Bullying – see it, say it, stop it	Drug, Alcohol and Tobacco Education Making choices	Identity, Society and Equality Stereotypes, discrimination and prejudice	Relationship and Sex Education How a baby is made
P.S.H.E. Curriculum Map – Spring Term						
Spring 1	Identity, Society and Equality Me and others	Relationship and Sex Education Boys and girls	Mental Health and Emotional Well-being Strengths and challenges	Physical Health and Well-being What is important to me?	Keeping Safe and Managing Risk When things go wrong	Drug, Alcohol and Tobacco Education Weighing up risk
Spring 2	Drug, Alcohol and Tobacco Education What do I put into and in to my body?	Relationship and Sex Education Families	Identity, Society and Equality Celebrating difference	Keeping Safe and Managing Risk Playing safe	Mental Health and Emotional Well-being Dealing with feelings	Identity, Society and Equality Human rights
P.S.H.E. Curriculum Map – Summer Term						
Summer 1	Mental Health and Emotional Well-being Feelings	Careers, Financial Capability and Economic Well-being Saving, spending and budgeting	Careers, Financial Capability and Economic Well-being Saving, spending and budgeting	Relationship and Sex Education Growing up	Drug, Alcohol and Tobacco Education Different influences	Mental Health and Emotional Well-being Healthy minds
Summer 2	Careers, Financial Capability and Economic Well-being My money	Physical Health and Well-being What helps me choose?	Physical Health and Well-being What helps me choose?	Relationship and Sex Education Changing	Careers, Financial Capability and Economic Well-being Borrowing and earning money	Keeping Safe and Managing Risk Keeping safe out



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