



Subject: P.S.H.E

Rationale

Personal, Social, Health and Economic education is vital for pupils to learn how to **keep safe and healthy** in an ever changing world. It is a Key way to ensure that pupils are receiving a wide and varied curriculum that is relevant to the lives they live today and which prepares them for the future.

The National Curriculum (Sept 2014) states that all schools:

Must provide a curriculum that is broadly based and balanced which meets the needs of all pupils.

Should promote spiritual, moral, social, cultural, mental and physical development of pupils at the school and society, and prepare pupils at the school for the opportunities, responsibilities and experiences of later life.

Should make provision for personal, social, health and economic education, drawing on good practice.

Characteristics of well-rounded orators, readers and writers (Curriculum Aims)

The PSHE curriculum aims to give children the knowledge, skills and understanding they need to lead confident, healthy, independent lives and to become informed, active, responsible citizens.

Through delivery of the PSHE curriculum children will be:

- Motivated to achieve long term goals
- Learn the habits of moral attributes.
- Have social confidence
- Know the importance of long-term commitments which frame a fulfilled successful life
- To have values and attitudes that include acceptance of difference, loyalty, empathy and respect.
- Empowered to resist peer and media pressure to engage in unhealthy or risky activities.
- To understand their own emotions and to deal effectively with them.
- Resilient.

Curriculum Intent

Personal, Social, Health and Economic education is a subject through which pupils develop the knowledge skills and attributes they need to manage their lives now and in the future.

These skills and attributes help pupils to stay healthy, keep safe and prepare them for life and work in modern Britain.

PSHE helps pupils to achieve their academic potential and leave school equipped with the skills they will need throughout later life.

Curriculum Implementation

EYFS: Taught through EYFS Development Matters and lifesavers with early elements of KiVa tied into continuous provision and discrete teaching. Reception to teach Expect Respect Lesson at a chosen time.

Y1-Y6 will teach KiVa first as an identified priority for our school.

Expect Respect Lesson to be taught in each class.

Life Savers lessons (identified as a need in Liverpool school)

You Me P.S.H.E scheme (Whole curriculum coverage).

Roar-Mental Health and Wellbeing

Curriculum Impact

As a result of our PSHE curriculum we have a climate where our children with their different qualities, experiences and potential can develop academically, socially and personally.

Every child has a right to be supported and assisted in their development as an individual, as a member of society for the improvement of the quality of their own lives and others. Every child will be given the opportunity to equip themselves with the skills and knowledge needed to deal with situations they may encounter through their life.

We use YOU Me. PSHE, Expect Respect, Lifesavers and Kiva resources and a wealth of other strategies to achieve the aims outlined. PSHE is divided into 7 different strands: Sex and Relationships, Drug, alcohol and tobacco education, Keeping safe and managing risk, mental health and well-being, Careers, financial capability and economic wellbeing and Identity, society and equality. We ensure our teaching is engaging and exciting, using technology to inspire and develop skills where appropriate.